



# 2023/2024 BALLE TOMANE SCHEDULE



MONDAY- Studio A		MONDAY – Studio B		MONDAY – Studio C		MONDAY – Studio D	
4:30-5:15	Pre-Primary Ballet (5 years of age)	4:15-5:15	Adult Tap	4:15-5:15	Primary Modern/Tap (6 years of age)	4:30-5:15	Nursery Ballet (3 & 4 years of age)
5:15-6:15	Primary 1 <sup>st</sup> Year Ballet (6 years of age)	5:15-6:15	Primary Tap	5:15-6:00	Tap/Jazz Combo (3-5 years of age)	5:15-6:15	Grade Two Ballet
6:15-7:30	Inter Foundation Ballet & Pointe	6:15-7:15	Grade Three Modern	6:00-7:15	Advanced Two Jazz	6:15-7:15	Primary 2 <sup>nd</sup> Year Ballet (7 years of age)
7:30-9:00	Advanced Two Ballet & Pointe	7:15-8:15	Grade Five Ballet	7:15-8:15	VJM Level B	7:15-8:15	Grade Four Ballet
		8:15-9:30	Intermediate Ballet & Pointe	8:15-9:15	Grade Five & Inter Foundation Contemporary	8:15-9:45	Advanced One Ballet & Pointe
TUESDAY –Studio A		TUESDAY –Studio B		TUESDAY –Studio C		TUESDAY –Studio D	
4:15-5:30	Advanced One Modern			4:30-5:30	VJM Level D		
5:30 -6:30	VB Level D			5:30-6:30	Inter & Advanced One Jazz		
6:30-7:45	Intermediate Modern			6:30-7:45	Advanced Two Lyrical		
7:45-9:15	Advanced Two Modern			7:45-8:45	Inter & Advanced One Lyrical		
WEDNESDAY – Studio A		WEDNESDAY- Studio B		WEDNESDAY – Studio C		WEDNESDAY –Studio D	
4:15-5:15	Grade Two Modern			4:15-5:15	Primary 2 <sup>nd</sup> Year Ballet (7 years of age)		
5:15-6:15	Grade One Modern			5:15-6:15	Grade One Ballet		
6:15-7:15	VJM Level C			6:15-7:15	Grade Three Ballet		
7:15-8:15	Grade Four Modern			7:15-8:15	VB Level C		
8:15-9:15	Grade Five Modern			8:15-9:30	Inter Foundation Ballet & Pointe		

THURSDAY – Studio A		THURSDAY- Studio B		THURSDAY – Studio C		THURSDAY – Studio D	
4:30-5:30	Grade Two Ballet	4:30-5:30	Grade Three Ballet	4:00-5:30	Boys Hip Hop (7-11 years of age)	4:15-5:15	Grade One Ballet
5:30-6:30	Grade Three Tap	5:30-6:30	Teen Tap	5:30-6:30	Primary–Grade Three Hip Hop	5:15-6:15	Grade Five Ballet
6:30-7:30	VJM Level A	6:30-7:30	Grade One Tap	6:30-7:30	Grade Four – Inter Foundation Hip Hop	6:15-7:30	VB Level B
7:30-8:30	Inter Foundation Modern	7:30-8:30	Inter 2 <sup>nd</sup> Year Tap	7:30-8:30	Inter to Advanced Two Hip Hop	7:30-8:30	Grade Four Ballet
8:30-9:30	Advanced Two Contemporary	8:30-9:30	Inter 1 <sup>st</sup> Year Tap				
FRIDAY – Studio A		FRIDAY- Studio B		FRIDAY – Studio C		FRIDAY– Studio D	
4:15-5:30	Intermediate Ballet & Pointe			4:15-5:30	Intermediate Foundation Ballet & Pointe		
5:30-6:30	Inter Foundation & Inter Jumps & Turns			5:30-6:30	Advanced One & Two Jumps & Turns		
6:30-7:30	Advanced One & Two Body Conditioning			6:30-7:30	Inter Foundation & Inter Body Conditioning		
7:30-9:00	Advanced One Ballet & Pointe			7:30-9:00	Advanced Two Ballet & Pointe		
SATURDAY – Studio A		SATURDAY- Studio B		SATURDAY – Studio C		SATURDAY – Studio D	
9:00–10:30	Advanced Two Ballet & Pointe			10:00–10:45	Tap/Jazz Combo (3-5 years of age)	9:00–9:45	Pre-Primary Ballet (5 years of age)
10:30-11:45	VB Level A			10:45–11:45	Inter & Advanced One Contemporary	9:45-10:45	Primary 1 <sup>st</sup> Year Ballet (6 years of age)
11:45-1:15	Inter Ballet & Pointe			11:45–12:45	Grade Five & Inter Foundation Lyrical	10:45-11:30	Nursery Ballet (3 & 4 years of age)
				12:45–1:45	Grade Five & Inter Foundation Jazz	11:45-1:15	Advanced One Ballet & Pointe
				1:45–3:15	Grade 3-5 Jumps & Turns/Body Conditioning	1:15-2:45	VB/VJM Level E
				3:15–4:15	Grade Three & Four Jazz		