

## BALLETOMANE 2020/21 SEASON

### A Message from the Artistic Director...

Welcome back to dance!

Our first day of class at Balletomane for the 2020/2021 dance season is **Tuesday, September 8th, 2020.**

We are looking forward to another wonderful year at Balletomane – more than ever before! This is Balletomane's 10 Year Anniversary! Once again, we are thrilled to start off the year with an exceptional group of teachers! Welcome back to Ms. Arlette, Ms. Brooks, Ms. Epstein, Ms. Karlewicz, Ms. London, Mr. Anthony and Mr. Trevor!

We had amazing summer schools including our Nursery and Primary Summer Session as well as the Graded and Vocational Summer Intensive. The students all improved tremendously and made lasting memories! It was one of my favourites!

We know that this year will look a little different than previous years but this one promises to be memorable! We will all be doing what we love – dancing!

 Ms. Ferenc MA, BA (Hons), LRAD, ARAD

### SAFETY PROTOCOLS

Here are some important protocols for our 2020/2021 season:

- Students will need to arrive right at their start time and line up outside of their allocated studio.
- **ALL CLASSES WILL BEGIN TWO MINUTES LATE AND FINISH TWO MINUTES EARLY.** This is to give sufficient time for the teachers and admin to sanitize the barres and any items the students may have touched. Please be understanding.
- Students will enter from the emergency exit doors in each studio – NOT the main front door.
- All parents and students will need to wear masks when lining up for class.
- Students will be required to have their temperature taken and sanitize their hands before entering the building.
- Change rooms and waiting areas are closed to parents and students.
- Pick up will follow the same protocol as drop off, parents will need to line up outside the same studio right after finish time.
- Washrooms are for students only and will be sanitized after every use.

### VIRTUAL BODY CONDITIONING

**Grade Three – Grade Six:**  
Friday 4:15pm-5:15pm

**Inter Foundation – Advanced Two:**  
Tuesday 5:15pm-6:15pm  
Wednesday 7:15 – 8:15pm

### VIRTUAL JUNIOR CLASSES

**Dance Class for 3-6 year olds**  
Includes ballet, jazz, and tap  
Thursdays 4:15pm-5:00pm

### OFFICE HOURS

Monday – Friday from 4pm – 9pm  
Saturday from 9am – 2pm

### IMPORTANT DATES

#### SEPTEMBER

- **Tue. Sept. 8** - First Day of Classes
- **Sat. Sept. 26** - Apparel Forms Due

#### OCTOBER

- **Mon. Oct. 12** - Thanksgiving: No Classes
- **Tue. Oct. 13** - Instalment 1B Fees Due
- **Sat. Oct. 31** – Halloween: Wear a costume to class!

#### DECEMBER

- **Tue. Dec. 1** - Instalment 2A Fees Due
- **Fri. Dec. 11** – Last Day of Classes
- **Sat. Dec. 12 - Sun. Jan. 3** – Christmas Break: No Classes

#### JANUARY

- **Mon. Jan. 4** – Classes Resume

#### FEBRUARY

- **Tue. Feb. 2** – Instalment 2B Fees Due
- **Sat. Feb. 13** – Valentines Day: Wear pink

#### MARCH

- **Tue. Mar. 9** – Instalment 3A Fees Due
- **Sat. Mar. 13 to Sun. Mar. 21** – March Break: No Classes

#### APRIL

- **Fri. Apr. 2** - Good Friday: No Classes
- **Mon. Apr. 5** - Easter Monday: No Classes
- **Tue. Apr. 13** – Instalment 3B Fees Due

#### MAY

- **Mon. May. 24** - Victoria Day: No Classes

#### JUNE

- **Thur. Jun. 3 – Sat. Jun 5** - Performances at the Oakville Centre for the Performing Arts: details to follow

Students should always have hair in a bun at dance classes! Please watch one of our youtube videos with instructions on how to do a ballet bun:

[https://www.youtube.com/watch?v=SiUdERSt\\_ao](https://www.youtube.com/watch?v=SiUdERSt_ao)

During this unprecedented time, please remember to practice healthy hand washing. Please encourage students to wash hands before and after classes. Do not come to the studio if you are ill or have been in contact with anyone diagnosed with Covid-19 for 14 days prior to you entering the studio. If you have travelled outside of Canada in the past 14 days, please stay home. We are happy to be open again, but we must remain vigilant and cautious.

FAQs



**7) What items should I have for virtual body conditioning?**

All students should wear a uniform including leotard, shorts and bare feet. Students should have a yoga mat, two yoga blocks, a 2 metre thera band (blue tension suggested), running shoes, a small towel, a small ball (about the size of your fist) and a soft stability ball (pilates ball) – you should choose between 20 – 23cms diameter depending on your size. You have a few weeks to get the stability ball – it will not be used on the first day. The teacher will explain some details on the first day!

**1) What if I am late to class?**

In the unfortunate circumstance you are dropping off your child late for class, you will need to call the front office (905-844-9555) and the admin team will open the front door, test your child's temperature and take them to their class.

**2) What if I am late to pick up my child?**

This is not the year we can be gracious and help students being picked up late. However, in the rare circumstance that you are late to pick up your child, you will need to call the office beforehand and let the admin team know. Upon arrival at the studio, please call again and we will safely assist your child to your vehicle. The student will wait in the changeroom until you arrive.

**3) What if I have a break in between my classes? Can I stay at the studio?**

Unfortunately for the time being we have to stick to our guidelines and not allow any students in the building between classes. We understand this is an inconvenience, but it is the only way Balletomane can open safely. We will be regularly reassessing our guidelines and hope to open our studio further as soon as deemed safe to do so.

**4) What if my child has multiple classes? Do I need to pick them up to bring them to another studio?**

The teachers will help students who have multiple classes go from one studio to the next within the Balletomane hallways. No need to pick them up between.

**5) When will I be able to see my child dance?**

Balletomane will be constantly re-evaluating how to have students performing and giving the opportunity for parents to view classes. We will organize a virtual Christmas Performance where parents will have the opportunity to view what the students have been working on! We will be constantly reassessing the opportunity to perform and are hopeful for a smooth June Show!

**6) How do the virtual classes work? What does my child wear?**

If you have registered for a virtual class, you will receive an email with a zoom invite and password before the class begins – it will be the same login every class. We conduct our virtual classes on the zoom platform. Please have students wear the appropriate uniform for the class with hair in a bun! This will help to keep students focused. Attendance will be taken and please have the video on – your microphone will be muted. Please be sure students have at least 4 square metres of space without any furniture or objects in the way. Bring your water bottles!

APPAREL

Have you seen our **Balletomane ROOTS Apparel**? Our beautiful designs are limited in quantity, so please make sure to hand in your order form as soon as possible to avoid any disappointment!

Balletomane introduced a Hip Hop uniform three years ago and we will be continuing this uniform again this year. Please place your order in the office before **Saturday, September 26<sup>th</sup>, 2020**. This will only be used as a uniform - we will be ordering Hip Hop costumes for the June show.

Jazz sneakers are recommended for this class, however you can purchase non-marking black sneakers that **MUST** be approved by our staff.

ITEMS TO BRING TO CLASSES:

As we are not having access to change rooms to start the year, we recommend students only bring what is required for their dance classes. Please leave big items at home as our studios will not be able to accommodate students bringing too many things. Just bring items pertaining to dance: uniform, dance shoes, water bottle, etc.

UNIFORMS THIS YEAR...

Usually we are very strict on uniforms, but this year we are not having students into the change rooms between classes to change uniforms. If you have multiple classes, please wear your ballet pink transition tights and just change your footwear. Any leotard that you have for classes that day is fine to wear! We just want to see the students dancing!

## Entering the Balletomane Inc. Studio during our Covid -19 Regulations

In order to help keep students and staff safe at Balletomane, students will need to arrive right at their start time; the list below includes the detail of where the class will be held. The letter marked beside the class will tell you which door you need to line up at for your class. The students will need to line up outside of their allocated studio. All students will enter from the emergency exit doors in each studio - NOT the main front door. There are markers on the floor for everyone to line up. Please wear masks. I would appreciate if just one parent arrived with each student. Please park down the street and walk to the studio. DO NOT PARK AT THE FRONT OF THE STUDIO DRIVE THRU.

All parents and students will need to wear masks (even though you are outside). Teachers will be lined up outside with a sanitizing station and touchless thermometer. All students will have temperatures taken and will be asked if they are experiencing any symptoms of Covid-19, been in contact with anyone that has been diagnosed with Covid-19 or if they have travelled outside of Canada in the past fourteen days. Any student with any of these conditions will not be able to dance in classes.

Students will then be wearing masks while entering the studios until we get to the marked area on the floor for each individual student. They will need to place outdoor shoes in a ziplock bag. Please bring your own bag for outdoor shoes. They will have an area marked on the floor with a name label where they will put down bags and supplies in the studio they will remain in. Pick up will be at the same door.

Studio A, B and C are on the East side of the building. Studio D is on the West side of the building.

Students with multiple classes DO NOT need to be picked up in between classes. The teachers will take the students through the Balletomane hallways to their next class. Please instruct your child to remind the teacher that they have multiple classes.



### 2020/2021 BALLEATOMANE SCHOOL SCHEDULE



MONDAY		MONDAY		MONDAY		MONDAY	
4:15-5:15	<b>C</b> Grade One Ballet	4:15-5:15	<b>B</b> Grade Two Ballet	4:15-5:15	<b>D</b> VJM – Level F	4:15-5:15	<b>A</b> Primary 2 <sup>nd</sup> Year Ballet
5:15-6:15	<b>A</b> Intermediate Lyrical/Contemporary	5:15-6:15	<b>C</b> Grade Three Ballet	5:15-6:15	<b>B</b> Grade One Modern	5:15-6:15	<b>D</b> Intro to Vocational
6:15-7:15	<b>B</b> Inter 2 <sup>nd</sup> Year Tap	6:15-7:15	<b>C</b> Inter Foundation Lyrical/Contemporary	6:15-7:15	<b>A</b> Intermediate Jazz	6:15-7:15	<b>D</b> Grade Three & Four Jazz
7:15-8:15	<b>A</b> Advanced Two Lyrical/Contemporary	7:15-8:15	<b>D</b> Advanced One Jazz	7:15-8:15	<b>B</b> Advanced Foundation Jazz	7:15-8:15	<b>C</b> Inter Foundation Jazz
8:15-9:15	<b>B</b> Advanced Foundation Lyrical/Contemporary	8:15-9:30	<b>C</b> Inter Foundation Ballet & Pointe	8:15-9:15	<b>D</b> Advanced One Lyrical/Contemporary	8:15-9:45	<b>A</b> Advanced Two Ballet
TUESDAY		TUESDAY		TUESDAY		TUESDAY	
4:15-5:15	<b>C</b> Grade Five Ballet	4:15-5:15	<b>B</b> Primary Modern/Tap	4:30-5:15	<b>D</b> Pre Primary Ballet (5 years of age)	4:15-5:15	<b>A</b> Grade Five Modern
5:15-6:15	<b>A</b> Grade Four Ballet	5:15-6:15	<b>C</b> Virtual Senior Body Conditioning - Inter Foundation to Advanced Two	5:15-6:00	<b>D</b> Primary 1 <sup>st</sup> Year Ballet (6 years of age)	5:15-6:15	<b>B</b> Grade Five Tap
6:15-7:15	<b>A</b> Inter Foundation Modern	6:15-7:15	<b>C</b> Grade Five & Six Lyrical	6:00-7:15	<b>D</b> Intermediate Ballet & Pointe	6:15-7:15	<b>B</b> Advanced One Tap
7:15-8:15	<b>C</b> VJM – Level A	7:15-8:15	<b>D</b> Private Lesson	7:15-8:15	<b>A</b> VB – Level D	7:15-8:15	<b>B</b> Grade Six Tap
8:15-9:30	<b>A</b> Intermediate Modern	8:15-9:30	<b>D</b> Non-Syllabus Ballet				
WEDNESDAY		WEDNESDAY		WEDNESDAY		WEDNESDAY	
3:15-4:15	<b>C</b> Adult Tap			4:15-5:15	<b>A</b> Grade Four Ballet	4:30-5:15	<b>D</b> Pre Nursery/Nursery Ballet ( 3 & 4 years of age)
4:15-5:15	<b>C</b> Grade Five Ballet			5:15-6:15	<b>D</b> Grade Two Ballet	5:15-6:15	<b>A</b> Grade Five & Six Jazz
5:15-6:15	<b>C</b> Grade One Ballet			6:15-7:15	<b>C</b> VB – Level F	6:15-7:15	<b>A</b> VB – Level E
6:15-7:15	<b>D</b> Grade Two/Three Modern			7:15-8:15	<b>C</b> Grade Three Ballet	7:15-8:15	<b>D</b> Virtual Senior Body Conditioning Inter Foundation to Advanced Two
7:15-8:15	<b>A</b> VJM Level B			8:15-9:30	<b>C</b> Advanced Foundation Ballet & Pointe	8:15-9:45	<b>A</b> Advanced One Ballet & Pointe



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THURSDAY		THURSDAY		THURSDAY		THURSDAY	
<b>A</b> 4:15-5:15	VJM – Level E	4:15-5:15	<b>D</b> Grade One Tap	4:15-5:15	<b>C</b> Grade Three & Four Hip Hop	5:15-6:15	<b>B</b> Grade Six Modern
<b>A</b> 5:15-6:45	Advanced Two Modern	5:15-6:15	<b>D</b> Grade Four Tap	5:15-6:15	<b>C</b> Grade One & Two Hip Hop	6:15-7:15	<b>C</b> VJM – Level D
<b>A</b> 6:45-8:15	Advanced One Modern	6:15-7:15	<b>D</b> Grade Four Modern	6:15-7:15	<b>B</b> Grade Five & Six Hip Hop	7:15-8:15	<b>D</b> Advanced Two Jazz
<b>D</b> 8:15-9:15	VJM – Level C			7:15-8:15	<b>C</b> Inter Foundation & Inter Hip Hop	8:15-9:30	<b>A</b> Intermediate Foundation Ballet & Pointe
				8:15-9:15	<b>C</b> Advanced One & Two Hip Hop		
FRIDAY		FRIDAY		FRIDAY		FRIDAY	
<b>D</b> 4:15-5:00	Pre-Nursery & Nursery Ballet 3 & 4 years of age	4:15-5:15	<b>A</b> Virtual Body Conditioning Grade Three to Six	4:15-5:15	<b>A</b> Virtual Body Conditioning Grade Three to Six	5:30-6:45	<b>C</b> Intermediate Ballet & Pointe
<b>D</b> 5:00-5:45	Tap/Jazz Combo ( 3-6 years of age)	5:15-6:45	<b>A</b> Advanced Two Ballet & Pointe	5:15-6:45	<b>A</b> Advanced Two Ballet & Pointe	6:45-7:45	<b>C</b> VB – Level B
<b>D</b> 5:45-6:30	Pre-Primary Ballet (5 years of age)	6:45-7:45	<b>D</b> VB Level C	6:45-7:45	<b>D</b> VB Level C	7:45-9:00	<b>C</b> Advanced Foundation Ballet & Pointe
<b>A</b> 6:45-7:45	VB – Level A	7:45-9:15	<b>A</b> Advanced One Ballet & Pointe	7:45-9:15	<b>A</b> Advanced One Ballet & Pointe		
SATURDAY		SATURDAY		SATURDAY		SATURDAY	
<b>A</b> 9:15-10:00	Pre Nursery & Nursery Ballet (3 & 4 years of age)	<b>D</b> 9:00-10:00	Primary Modern/Tap (6 & 7 years old)	9:15-10:00	Pre-Primary Ballet (5 years of age)	<b>C</b>	
<b>A</b> 10:00-10:45	Tap/Jazz Combo (3- 5 years of age)	<b>D</b> 10:00-11:15	Advanced Foundation Modern	10:00-11:00	Primary 1 <sup>st</sup> & 2 <sup>nd</sup> Year Ballet (6 & 7 years of age)	<b>C</b>	
<b>A</b> 10:45-12:15	Advanced Two Ballet & Pointe	<b>C</b> 11:15-12:45	Advanced One Ballet & Pointe	11:15-12:45	Advanced Foundation Ballet & Pointe	<b>D</b>	
<b>A</b> 12:30-1:45	Intermediate Ballet & Pointe			12:45-2:00	Inter Foundation Ballet & Pointe	<b>C</b>	

Please keep in mind that all classes will begin two minutes late (with the exception of the first class of the day) and finish two minutes early. This is to allow sufficient time for the staff to sanitize the barres and anything the students may have touched between classes. Thank you for your understanding. We are working very hard to be sure that all of our protocols are in place to keep the students, staff and parents safe. We will be monitoring the situation closely.